Brief Summary and Adequate Directions for Use: Disclosing Risk Information in Consumer-Directed Print Advertisements and Promotional Labeling for Human Prescription Drugs

Guidance for Industry

REVISED DRAFT GUIDANCE

This guidance document is being distributed for comment purposes only.

Comments and suggestions regarding this draft document should be submitted within 90 days of publication in the *Federal Register* of the notice announcing the availability of the draft guidance. Submit electronic comments to http://www.regulations.gov. Submit written comments to the Division of Dockets Management (HFA-305), Food and Drug Administration, 5630 Fishers Lane, rm. 1061, Rockville, MD 20852. All comments should be identified with the docket number listed in the notice of availability that publishes in the *Federal Register*.

For questions regarding this draft document contact (CDER) Julie Chronis 301-796-1200, or (CBER) Office of Communications, Outreach and Development at 800-835-4709 or 240-402-7800.

U.S. Department of Health and Human Services Food and Drug Administration Center for Drug Evaluation and Research (CDER) Center for Biologics Evaluation and Research (CBER)

> February 2015 Advertising Revision 1

Brief Summary and Adequate Directions for Use: Disclosing Risk Information in Consumer-Directed Print Advertisements and Promotional Labeling for Human Prescription Drugs

Guidance for Industry

Additional copies are available from: Office of Communications, Division of Drug Information Center for Drug Evaluation and Research Food and Drug Administration WO51, Room 2201 10903 New Hampshire Ave., Silver Spring, MD 20993-0002 Phone: 301-796-3400; Fax: 301-847-8714 druginfo@fda.hhs.gov http://www.fda.gov/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/default.htm and Office of Communication, Outreach and Development, HFM-40 Center for Biologics Evaluation and Research Food and Drug Administration 10903 New Hampshire Ave., Bldg. 71, rm. 3128, Silver Spring, MD 20993-0002 Phone: 800-835-4709 or 240-402-7800 ocod@fda.hhs.gov

http://www.fda.gov/BiologicsBloodVaccines/GuidanceComplianceRegulatoryInformation/Guidances/default.htm

U.S. Department of Health and Human Services Food and Drug Administration Center for Drug Evaluation and Research (CDER) Center for Biologics Evaluation and Research (CBER)

> February 2015 Advertising Revision 1

Draft — Not for Implementation

TABLE OF CONTENTS

I.	INTRODUCTION	1
II.	BACKGROUND	2
A.	Legal Overview	2
В.	Policy Overview	4
III.	OPTIONS FOR DISCLOSING RISK INFORMATION IN CONSUMER- DIRECTED PRESCRIPTION DRUG PRINT ADVERTISEMENTS AND PROMOTIONAL LABELING	5
A.	Language and Readability	5
В.	Content	6
C.	Format	9
1.	Prescription Drug Facts Box	9
2.	Question and Answer	10
REFE	RENCES	11

Draft — Not for Implementation

Brief Summary and Adequate Directions for Use: Disclosing Risk Information in Consumer-Directed Print Advertisements and Promotional Labeling for Human Prescription Drugs

Guidance for Industry¹

This revised draft guidance, when finalized, will represent the Food and Drug Administration's (FDA's or Agency's) current thinking on this topic. It does not create or confer any rights for or on any person and does not operate to bind FDA or the public. You can use an alternative approach if the approach satisfies the requirements of the applicable statutes and regulations. If you want to discuss an alternative approach, contact the FDA staff responsible for implementing this guidance. If you cannot identify the appropriate FDA staff, call the appropriate number listed on the title page of this guidance.

I. INTRODUCTION

19 This revised draft guidance provides recommendations on the disclosure of risk information in

20 prescription drug product advertisements and promotional labeling in print media directed

21 toward consumers with respect to the brief summary requirement and the requirement that

22 adequate directions for use be included with promotional labeling.² The recommendations

describe an alternative disclosure approach that FDA refers to as a *consumer brief summary*.

24 This revised draft guidance does not focus on the presentation of risk information in the main

body of promotional labeling or advertisements and does not apply to promotional materials

- 26 directed toward health care professionals.
- 27

4

5 6

7 8

9

10

11

12

13

14

15 16 17

18

28 This revised draft guidance responds to stakeholder requests for specific guidance on the

- 29 disclosure of risk information to consumers and incorporates recent social science research
- 30 results (Aikin, O'Donoghue, et al. 2011). This revised draft guidance revises the draft guidance
- 31 entitled Brief Summary: Disclosing Risk Information in Consumer-Directed Print
- 32 Advertisements (issued January 2004).
- 33

¹ This guidance has been prepared by the Office of Prescription Drug Promotion (OPDP) in the Center for Drug Evaluation and Research (CDER) in consultation with the Center for Biologics Evaluation and Research (CBER) at the Food and Drug Administration.

² The recommendations of this revised draft guidance also apply to biological products that are approved for marketing under section 351 of the Public Health Service Act (PHS Act). Because each biological product also meets the definition of "drug" under the Federal Food, Drug, and Cosmetic Act (FD&C Act), it is also subject to regulation under provisions of the FD&C Act applicable to drugs, as well as the regulations implementing these provisions, except that a biological product licensed under section 351 of the PHS Act is not required to have an approved new drug application under section 505 of the FD&C Act (21 U.S.C. 355). See PHS Act section 351(j) (42 U.S.C. 262(j)). References to "drugs" in this guidance therefore also include biological products that fall within the definition.

Draft — Not for Implementation

FDA's guidance documents, including this revised draft guidance, do not establish legally enforceable responsibilities. Instead, guidances describe FDA's current thinking on a topic and should be viewed only as recommendations, unless specific regulatory or statutory requirements are cited. The use of the word *should* in Agency guidances means that something is suggested or recommended, but not required.

- 40 II. BACKGROUND
- 41 42

43

39

A. Legal Overview

44 Under the Federal Food, Drug, and Cosmetic Act (FD&C Act), the Agency has responsibility for
45 regulating the manufacture, sale, and distribution of drugs in the United States. This authority
46 includes oversight of the labeling of drugs (21 U.S.C. 352(a)) and the advertising of prescription
47 drugs (21 U.S.C. 352(n)).

48

49 A print advertisement³ for a prescription drug must contain a true statement of the product's

50 established name; quantitative composition; information in brief summary relating to side

51 effects, contraindications, and effectiveness; and, for published direct-to-consumer

- advertisements, a statement encouraging consumers to report negative side effects to FDA (21
- 53 U.S.C. 352(n)). FDA implementing regulations provide further clarification on the information
- 54 to include in brief summary: "a true statement of information in brief summary relating to side
- 55 effects, contraindications ([to] . . . include side effects, warnings, precautions, and
- 56 contraindications and include any such information under such headings as cautions, special
- 57 considerations, important notes, etc.) and effectiveness" (21 CFR 202.1(e)(1)). This information
- 58 "shall disclose each specific side effect and contraindication . . . contained in required, approved,
- 59 or permitted labeling for the advertised drug dosage form(s) \dots " (21 CFR 202.1(e)(3)(iii)). For
- purposes of this guidance, the requirement under these provisions that an advertisement for a
 prescription drug disclose each side effect, warning, precaution, and contraindication from the
- 62 labeling will be referred to as the *brief summary requirement*
- 62 labeling will be referred to as the *brief summary requirement*.
- 63

64 FDA also has responsibility for regulating labeling for prescription drugs, including promotional

labeling. Section 201(m) of the FD&C Act defines *labeling* as "all labels and other written,

66 printed, or graphic matter (1) upon any article or any of its containers or wrappers, or (2)

- 67 accompanying such article" (21 U.S.C. 321(m)).⁴ The U.S. Supreme Court has explained that
- the language "accompanying such article" in the "labeling" definition is interpreted broadly, to
- 69 include materials that supplement or explain an article. No physical attachment between the
- 70 materials and the article is necessary; rather, it is the textual relationship between the items that
- 71 is significant (*Kordel v. United States*, 335 U.S. 345, 350 (1948)). FDA generally recognizes
- 72 two types of labeling for drugs: (1) FDA-required labeling⁵ and (2) promotional labeling.

 $^{^{3}}$ The FD&C Act does not define what constitutes an "advertisement," but FDA regulations provide several examples, including "advertisements in published journals, magazines, other periodicals, and newspapers, and advertisements broadcast through media such as radio, television, and telephone communication systems" (21 CFR 202.1(l)(1)). Broadcast advertisements, such as radio and television advertisements, are not the subject of this guidance.

 $[\]frac{4}{5}$ See also 21 CFR 1.3(a).

⁵ Much FDA-required labeling is subject to FDA review and approval. For example, after drafting by the manufacturer, labeling is reviewed and approved by FDA as part of the new drug application (NDA), new animal

Draft — Not for Implementation

73 Promotional labeling is generally any labeling, other than the FDA-required labeling, that is

- 74 devised for promotion of the product. Examples of materials that may be considered
- 75 promotional labeling pieces for prescription drugs are described in 21 CFR 202.1(1)(2).
- 76

77 While drug labeling generally must bear "adequate directions for use" (21 U.S.C. 352(f)(1),

- 78 prescription drugs are exempt from this requirement if certain conditions are met. These
- 79 conditions include, among others, that "any labeling" (as defined in section 201(m) of the FD&C
- 80 Act) that is "distributed by or on behalf of the manufacturer, packer, or distributor of the drug, 81
- that furnishes or purports to furnish information for use or which prescribes, recommends, or 82 suggests a dosage for the use of the drug" contains "adequate information for such use" (21 CFR
- 83 201.100(d)). "Adequate information for such use" includes, among other things, "relevant
- 84 warnings, hazards, contraindications, side effects, and precautions, under which practitioners
- 85 licensed by law to administer the drug can use the drug safely and for the purposes for which it is
- 86 intended, including all conditions for which it is advertised or represented . . ." (21 CFR
- 201.100(d)(1)).⁶ The regulation also requires that if the article is subject to section 505 of the 87
- 88 FD&C Act, the parts of the labeling providing such information for use are the same "in
- 89 language and emphasis" as labeling approved or permitted under the provisions of section 505.
- 90 (Id).
- 91

92 In addition, in order to be exempt from the "adequate directions for use" requirement in 21

- 93 U.S.C. 352(f), any labeling described in 21 CFR 201.100(d) must contain the "information
- 94 required, and in the same format specified by" 21 CFR 201.56, 201.57, and 201.80 (21 CFR
- 95 201.100(d)(3)). Generally, the requirements in 21 CFR 201.100(d) have been fulfilled by
- 96 including the full FDA-approved package insert (PI) with promotional labeling materials. For
- 97 purposes of this guidance, the requirement under these provisions that a prescription drug
- 98 promotional labeling piece include the information set forth in 21 CFR 201.100(d), which is
- 99 generally fulfilled by inclusion of the full PI, will be referred to as the *adequate directions for*
- 100 use requirement.
- 101
- 102 To fulfill the brief summary requirement, consumer-directed print advertisements for
- 103 prescription drugs frequently include the complete risk-related sections of the PI (also known as
- 104 the "traditional approach" or "traditional format"). To fulfill the adequate directions for use
- 105 requirement for promotional labeling pieces, the full PI has generally been used. As discussed
- 106 more fully in section II.B, FDA believes these approaches are not optimal for consumer-directed
- 107 prescription drug print advertisements and promotional labeling pieces because many consumers
- 108 lack the technical background to understand some of the information as described in the PI.
- 109 Additionally, information that may be of limited use to consumers (e.g., clinical pharmacology)
- 110 is included. For these reasons, if manufacturers, packers, and distributors, or anyone acting on
- 111
- their behalf (firms) include the appropriate information discussed in this guidance, FDA does not
- 112 intend to object for failure to include each side effect from the PI in the brief summary in

drug application (NADA), biologics license application (BLA), or premarket approval application (PMA) review (see 21 CFR 314.50(c)(2), 514.1(b)(3), and 601.2(a)). For a prescription drug to be exempted from the FD&C Act's requirement of adequate directions for use (21 U.S.C. 352(f)(1)), its FDA-required labeling must contain, among other information, information addressing product hazards and other risk information, as specified in FDA regulations (21 CFR 201.100(d)(1), (3), and 201.105(c)(1)).

⁶ "Adequate information for use" under 21 CFR 201.100(d)(1) also includes indications, effects, dosages, routes, methods, and frequency and duration of administration.

Draft — Not for Implementation

113 consumer-directed print advertisements. Furthermore, if firms include the appropriate

- 114 information discussed in this guidance, FDA does not intend to object for failure to include the
- entire PI to fulfill the requirements of 201.100(d) for consumer-directed promotional labeling
- 116 pieces.
- 117

In other words, this revised draft guidance recommends alternative approaches firms may use to develop content that can be used to fulfill both the brief summary requirement for consumerdirected prescription drug print advertisements and the requirements in 201.100(d) in consumerdirected prescription drug print promotional labeling pieces. Suggested research-tested formats for this information are also provided in this revised draft guidance. The examples included throughout are intended to provide guidance and illustrate possible approaches; firms may use

alternative approaches if these approaches satisfy the requirements of the statute and regulations.

125 126

B. Policy Overview

127 128 To provide better and more actionable information for consumers, FDA believes that the brief 129 summary should focus on the most important risk information rather than an exhaustive list of 130 risks and that the information should be presented in a way most likely to be understood by 131 consumers. Thus, FDA strongly recommends against the use of the traditional approach to fulfill 132 the brief summary requirement in consumer-directed advertisements, an approach in which risk-133 related sections of the PI are presented verbatim, often in small font. Because the target audience 134 of the PI is health care providers, it is written in highly technical medical terminology, which is 135 potentially of limited value to consumers who may not have the medical or scientific background 136 to understand this information. In an FDA survey, few respondents reported reading half or 137 more of the brief summary presented in the traditional format. Of those who read at least some 138 of the brief summary, 55 percent described it as hard to read. Over 40 percent of respondents in 139 the survey reported they do not usually read any of the brief summary in direct-to-consumer 140 prescription drug print advertisements (Aikin, Swasy, et al. 2004).

141

142 Furthermore, the risk information in the PI sometimes includes lengthy lists of all possible 143 adverse events. In general, FDA believes that exhaustive lists that include even minor risks 144 detract from, and make it difficult for, consumers to comprehend and retain information about 145 the more important risks. While remaining an important source of information for consumers, 146 even the volume of material in excerpted sections of the PI, along with the format (i.e., a smaller 147 font with limited white space) and the technical language, may serve to detract from consumers' 148 comprehension of the information or from the likelihood of consumers reading the material in its 149 entirety. Research has demonstrated that people process only a limited amount of information at 150 one time both in general communications (Lavie 2001; Miller 1994; Shapiro 2001) and in direct-151 to-consumer prescription drug advertising specifically (Stotka, Rotelli, et al. 2007). Past 152 research has shown that alternative formats for the brief summary outperform the traditional, 153 non-consumer-friendly brief summary on measures of consumer risk comprehension (Riggs, 154 Holdsworth, et al. 2004; Schwartz, Woloshin, et al. 2009; Stotka, Rotelli, et al. 2007; Thumma 155 1997). 156

157 Occasionally, sections taken from the PI to fulfill the brief summary requirement are rewritten in

a manner that is meant to be more understandable to consumers. However, this approach does

Draft — Not for Implementation

- 159 not necessarily solve the problems with the traditional approach. In research conducted by FDA,
- 160 participants who viewed the brief summary information in a format similar to the over-the-
- 161 counter (OTC) "Drug Facts" box had better risk recall than those who viewed a traditional, but
- 162 consumer-friendly, version of the brief summary. Two additional alternative formats (a Question
- and Answer (Q&A) format and a Highlights version from the content and format rule of 2006^7)
- did not differ from the consumer-friendly traditional format on risk recall or confidence (Aikin,
 O'Donoghue, et al. 2011).⁸
- 166

For similar reasons that are further exacerbated by the length and complexity of the full approved 167 professional labeling, FDA also strongly recommends against providing the full PI to satisfy the 168 169 adequate directions for use requirement for consumer-directed print promotional labeling pieces 170 for prescription drugs. While the Agency recognizes that 21 CFR 201.100(d) identifies the PI as 171 a source for furnishing adequate directions for use, FDA believes that following the content and 172 format recommendations in this guidance will better communicate information and help 173 consumers make informed decisions about the medication being promoted. By adopting the 174 content and format recommendations in this guidance, firms can also provide consumers with the 175 same information in both advertising and promotional labeling pieces.

176

177 III. OPTIONS FOR DISCLOSING RISK INFORMATION IN CONSUMER 178 DIRECTED PRESCRIPTION DRUG PRINT ADVERTISEMENTS AND 179 PROMOTIONAL LABELING

180

FDA does not intend to object if a firm does not include "each specific side effect and contraindication" from the PI in the brief summary in consumer-directed print advertisements (21 CFR 202.1(e)(3)(iii)), or does not supply the entire PI to fulfill the requirements in 21 CFR 201.100(d) for consumer-directed print promotional labeling pieces, so long as the firm follows the recommendations and examples in this guidance. These alternate approaches will not become a part of FDA-approved labeling.

187

For purposes of this guidance, in the text and examples below, the consumer-directed document recommended by FDA as an alternative to the full PI or the risk portions of the PI in consumer-directed prescription drug print promotional labeling pieces and the brief summary requirement in consumer-directed prescription drug advertisements will be referred to as the "consumer brief summary."

193

A. Language and Readability

194 195

FDA strongly encourages the use of consumer-friendly language in all consumer-directed

197 materials. The consumer brief summary should be written in language designed for

understanding by a broad target audience with various levels of literacy skills. Technical

⁷ See 21 CFR 201.56, 201.57, 201.58, and 201.80.

⁸ Participants who viewed the brief summary information in a format similar to the OTC Drug Facts box had better risk recall, greater confidence in their ability to perform tasks related to the brief summary, more positive attitudes toward the ad, and greater preference for the format than did those who viewed a traditional, but consumer-friendly, version of the brief summary. Participants had more positive attitudes toward the Q&A format and the Highlights format than toward the traditional format, and participants who viewed the Q&A format had more positive attitudes toward the ad than those who viewed the traditional format.

Draft — Not for Implementation

199 language, scientific terms, and medical jargon should be avoided. A conversational tone or 200 language designed to engage the reader may be useful, such as in the following examples. 201 202 "do not use if you have ..." or "who should not use ..." rather than 203 "contraindications" 204 "what is [drug name]" rather than "indication" • "drowsiness" not "somnolence" 205 • 206 "fainting" not "syncope" 207 208 The information in the consumer brief summary must be presented in a readable format (21 209 U.S.C. 352(c); 21 CFR 202.1(e)(7)(viii)). Different techniques can be used to assist consumers with comprehension of information. For example, *signals*,⁹ such as headlines and subheadings, 210 help communicate important information (Loman and Mayer 1983; Meyer 2003; Spyridakis and 211 212 Standal 1987). Consumers are influenced by the layout of print information in their ability to 213 pay attention to and process specific features of a document (Adams and Edworthy 1995; 214 Brundage, Feldman-Stewart, et al. 2005; Frantz 1993; Morrow, Leirer, et al. 1995; Niemela and 215 Saariluoma 2003; Wogalter and Vigilante 2003). Font size and type style can affect the readability of information (Adams and Edworthy 1995; Arditi and Cho 2005; Baker 2006; 216 217 Sheedy, Subbaram, et al. 2005; Tantillo and Mathisen 1995; Wogalter and Vigilante 2003). 218 219 Therefore, the consumer brief summary should be presented visually in a manner designed for 220 ease of use by consumers. Carrying over elements of the main body of the ad (such as logos and 221 branded colors) may help the reader understand the connection between the consumer brief 222 summary and the promotional piece. Font size and style should be selected or designed for 223 readability. Using double spacing between paragraphs and indentations, as opposed to plain 224 block paragraphs, helps maximize background space (also called *white space*) and improves 225 readability. Arranging information in text boxes (i.e., paragraphs of information on a similar 226 topic surrounded by borders) with headings (Hyona and Lorch 2004) and other attention-drawing 227 symbols (e.g., bullets, capitalization of select words or phrases) may also be useful to consumers. 228 229

B. Content

230

231 FDA's current thinking is that the consumer brief summary should provide clinically significant 232 information on the most serious and the most common risks associated with the product and omit 233 less pertinent information. FDA recommends that firms look to available standards to determine 234 which risks should be included. For example, FDA-approved patient labeling and Medication 235 Guides, if available for the drug at issue, may be an appropriate starting point to determine which 236 risks should be included in the consumer brief summary and, in fact, may contain the same risk 237 information that should appear in the consumer brief summary. However, some information in 238 patient labeling-such as information found in the Directions for Use section-is not necessary 239 to include in the consumer brief summary. Additionally, information not contained in patient 240 labeling, such as information about certain relevant drug risks, might need to be added to the 241 consumer brief summary.

⁹ "Signaling" has been defined as the use of "writing devices designed to emphasize aspects of a text's structure or content without altering the information in the text" (Lorch, Lorch, et al. 1993).

Draft — Not for Implementation

242

242	
243	Under the final rule for Requirements on the Content and Format of Labeling for Human
244	Prescription Drug and Biological Products (the "Physician Labeling Rule" or PLR), ¹⁰ the
245	labeling of new and recently approved products ¹¹ must include Highlights of Prescribing
246	Information (Highlights). FDA believes the criteria used for selecting risk information for the
247	Highlights section are an appropriate reference for firms to use when determining which risk
248	information topics to address in the consumer brief summary. See 21 CFR 201.57(a). In
249	addition, information in the consumer brief summary should be placed in an order similar to
250	information in the Highlights section (Boxed Warning followed by Contraindications, Warnings
251	and Precautions, etc.). However, since information in the Highlights section is intended for use
252	in conjunction with information in the full PI and the full PI is not being provided, generally the
253	information in the consumer brief summary should be more detailed and provide more material
254	information than what is contained in the Highlights. Furthermore, although the PLR is not
255	applicable to all drugs, similar information can be taken from the analogous sections of each
256	drug's PI.
257	
258	For each of the formats discussed below, or for alternative formats, information addressing the
259	following should be included:
260	
261	• Boxed Warning ¹²
262	All Contraindications
263	Certain information regarding Warnings and Precautions:
264	• the most clinically significant information from the Warnings and Precautions
265	section(s) of the PI;
266	 information that would affect a decision to prescribe or take a drug;
267	 monitoring or laboratory tests that may be needed;
268	 special precautions not set forth in other parts of the PI; and
269	• measures that can be taken to prevent or mitigate harm.
270	
271	FDA also recommends that the most frequently ¹³ occurring Adverse Reactions be included in the
272	consumer brief summary. ¹⁴ If a product has more than one indication, the most common
273	Adverse Reactions for each indication being promoted should be included, if included in the PI,
274	rather than pooled results for all indications (which could include indications that are not being
275	promoted). Adverse Reactions should be listed in the same order as in the PI.

¹⁰ Requirements on the Content and Format of Labeling for Human Prescription Drug and Biological Products (71

FR 3922, Jan 24, 2006).

¹¹ The PLR applies to prescription drugs that were approved after, on, or five years prior to the effective date of the rule, and to older drugs for which certain supplements are submitted (21 CFR 201.56(b)).

¹² Certain recommendations will not apply to all drugs. For example, not all drugs have a Boxed Warning. If a recommendation is not applicable, the information should be omitted.

¹³ The list of Adverse Reactions identified as most frequently occurring or most common is usually generated from a table of Adverse Reactions from clinical trials in the approved labeling. Rates of most common Adverse Reactions vary, but should be appropriate to the nature of a drug's Adverse Reactions profile and the size and composition of the safety database. See the guidance for industry entitled *Labeling for Human Prescription Drug and Biological Products—Implementing the PLR Content and Format Requirements* (Feb 2013), available on the Internet at http://www.fda.gov/Drugs/default.htm under Guidances (Drugs).

¹⁴ This recommendation comports with the information required in the Highlights section (21 CFR 201.57(a)(11)), and is also applicable to drugs to which the PLR does not apply.

Draft — Not for Implementation

276

Other important Adverse Reactions, such as those that are serious¹⁵ or those that lead to
discontinuation of the drug or dosage adjustment, should be included unless they are repeated
elsewhere in the PI (e.g., risks included in Warnings and Precautions).

279 280

Material information regarding any of these risks may also include the severity of the risks, such as whether they are debilitating, life-threatening, irreversible, or whether stopping the medication will alleviate or mitigate the risks. If early warning signs of risks are known, consumers should be given information about these signs and the importance of informing their health care provider about the signs. Firms may also include information regarding the need for monitoring or testing during treatment. Other material information may be relevant depending on the drug and its risk profile.

288

FDA also believes that the consumer brief summary should include the indication for the use

being promoted, any clinically significant drug interactions,¹⁶ and information regarding topics

- 291 or issues consumers should discuss with their health care providers (e.g., other drugs they are
- taking or pre-existing conditions). Other types of information may be included if relevant to the
- drug or specific indication referred to in the promotion (e.g., that a drug is not indicated for use
- for more than 4 weeks for the indication being advertised even if a different indication allows for
- a longer use). Information relating to special populations (e.g., children, the elderly, pregnant or
- nursing women, people with liver or renal impairment) should be included if they are of
 particular concern based on the drug's known or potential safety profile (e.g., not recommended
- for use in children based on adverse events; not for use in nursing women due to the potential for
- harm to the infant).
- 300

301 In general, certain information found in the PI or in FDA-approved patient labeling can be 302 excluded from the consumer brief summary. This information might include dosage and 303 administration, how the drug is supplied, clinical pharmacology, specific directions regarding use of the drug (such as how to perform an injection or how to use a patch), or how long the drug 304 305 takes to work. However, excluding certain information from the consumer brief summary does 306 not mean that the same information can be omitted from other parts of the promotional piece 307 (e.g., information that a drug is administered via an injection versus orally might be material 308 information that is required in the main body of the promotional piece, while detailed 309 instructions for use may be omitted from the consumer brief summary).

310

FDA also recommends that, because the risk information in the consumer brief summary is not
 comprehensive, the consumer brief summary should include a statement (1) reminding

¹⁵ Serious Adverse Reaction refers to any reaction occurring at any dose that results in any of the following outcomes: death, a life-threatening adverse experience, inpatient hospitalization or prolongation of existing hospitalization, a persistent or significant disability or incapacity, or a congenital anomaly or birth defect. Important medical events that may not result in death, be life-threatening, or require hospitalization may be considered serious Adverse Reactions when, based upon appropriate medical judgment, they may jeopardize the patient or subject, and may require medical or surgical intervention to prevent one of the outcomes listed in this definition. See the guidance for industry entitled Adverse Reactions Section of Labeling for Human Prescription Drug and Biological Products—Content and Format (Jan 2006).

¹⁶ For example, for a drug with PLR labeling, typically the most clinically significant drug interactions appear in the Contraindications or Warnings and Precautions sections.

Draft — Not for Implementation

313 314 315 316	speak to their or website ad	at the information presented is not comprehensive, (2) suggesting that consumers health care provider or pharmacist, and (3) containing a toll-free telephone number dress (uniform resource locator or URL) where consumers can obtain the FDA-duct labeling. ¹⁷ For example:
 317 318 319 320 321 	•	The risk information provided here is not comprehensive. To learn more, talk about [drug name] with your health care provider or pharmacist. The FDA-approved product labeling can be found at <u>www.drugnamePI.com</u> or 1-800-555-DRUG.
322 323 324 325	•	This information is not comprehensive. How to get more information: Talk to your health care provider or pharmacist
326 327 328	The	 Visit <u>www.drugnamePI.com</u> to obtain the FDA-approved product labeling Call 1-800-555-DRUG
329 330 331 332	Information a	er brief summary may also contain a title such as "Important Facts" or "Summary of about" along with the drug's name. ¹⁸ is revised, the consumer brief summary for the drug must be reviewed and revised
333 334 335	promptly if p	ertinent information has been changed (21 CFR 314.70(a)(4), 601.12(a)(4)).
335 336	С.	Format
337 338 339 340	Although oth	ats may be used when conveying information in the consumer brief summary. er formats may be acceptable, the following two sections describe recommended have been tested in research.
341	1.	Prescription Drug Facts Box
 342 343 344 345 346 347 348 349 350 351 	products have layout simila advantages o box format re format (whic saw the Drug information v	e labeling rule for OTC human drugs was finalized more than a decade ago, ¹⁹ OTC e contained a Drug Facts box on each product. For the consumer brief summary, a r to the OTC Drug Facts box may be familiar to consumers and may offer ver other formats. In a study testing various brief summary formats, the Drug Facts esulted in better recall of the risk information when compared to the traditional h was written in consumer-friendly language). Consumers in the same study who g Facts box also reported that they felt more confident in their ability to use the when compared to consumers who saw the traditional format. In addition, ad more positive attitudes toward the Drug Facts box format than toward two other

¹⁷ This recommendation is distinct and separate from the "adequate provision" requirement for broadcast advertisements found at 21 CFR 202.1(e)(1). This guidance only covers print advertisements and print promotional labeling and does not apply to broadcast advertisements.

¹⁸ See the revised draft guidance for industry entitled *Product Name Placement, Size, and Prominence in Advertising and Promotional Labeling* (Nov 2013). When final, this guidance will represent the FDA's current thinking on this topic.

¹⁹ See Food and Drug Administration, Final Rule; Over-The-Counter Human Drugs, Labeling Requirements (64 FR 13254, Mar 17, 1999).

Draft — Not for Implementation

352 formats: the traditional format and a format that is structured like the Highlights section of the 353 PI (Aikin, O'Donoghue, et al. 2011). 354 355 Under a prescription Drug Facts box format, information could appear within a box similar to the 356 OTC Drug Facts box. Standardized headings may assist consumers in locating and 357 comprehending important drug information. For example: 358 359 • Uses 360 • Do not use if you • Warnings 361 362 • Ask a health care provider before use if 363 • When using this product you may have 364 365 The recommended content for this format is set forth in section III.B above, and the 366 recommendation to use consumer-friendly language also applies. 367 368 2. **Ouestion and Answer** 369 370 A Question and Answer (Q&A) format simulates a dialogue using personal pronouns, thus 371 increasing consumer interest in, and comprehension of, the information. The study testing brief 372 summary formats found that consumers had more positive attitudes toward a Q&A format than 373 the traditional brief summary (which was written in consumer-friendly language). However, this 374 study did not find a difference in risk recall or confidence between the Q&A format and the 375 traditional format. Because consumers preferred the Q&A format and the format did not 376 decrease risk recall (Aikin, O'Donoghue, et al. 2011), this format is recommended over the 377 traditional brief summary. 378 379 Under the O&A format, information in the consumer brief summary could appear in columns or 380 a similar layout. Headings would be framed in the form of questions, for example: 381 382 • What is [drug] used for? 383 • When should I not take [drug]? 384 • What Warnings should I know about [drug]? 385 • What should I tell my health care provider? 386 • What are the side effects of [drug]? What other medications might interact with [drug]? 387 • 388 389 The recommended content for this format is set forth in section III.B above, and the 390 recommendation to use consumer-friendly language also applies.

391

	Contains Ivonotinaing Recommendations
	Draft — Not for Implementation
392	REFERENCES
393 394	Adams AS and I Edwarthy 1005 Quantifying and Predicting the Effects of Pasia Tayt Display
394 395	Adams, AS and J Edworthy, 1995, Quantifying and Predicting the Effects of Basic Text Display Variables on the Perceived Urgency of Warning Labels: Tradeoffs Involving Font Size, Border
395 396	Weight, and Color, Ergonomics, 38:2221-2237.
390 397	weight, and Color, Ergonomics, 58.2221-2257.
398	Aikin, KJ, AC O'Donoghue, J Swasy, and HW Sullivan, 2011, A Randomized Trial of Risk
399	Information Formats in Direct-to-Consumer Prescription Drug Advertisements, Medical
400	Decision Making, 31:23-33.
401	Decision Making, 51.25 55.
402	Aikin, K, J Swasy, and A Braman, 2004, Patient and Physician Attitudes and Behaviors
403	Associated with DTC Promotion of Prescription Drugs—Summary of FDA Survey Research
404	Results, Final Report, FDA (accessible at
405	http://www.fda.gov/downloads/Drugs/ScienceResearch/ResearchAreas/DrugMarketingAdvertisi
406	ngandCommunicationsResearch/UCM152860.pdf).
407	
408	Arditi, A, and J Cho, 2005, Serifs and Font Legibility, Vision Research, 45:2926-2933.
409	
410	Baker, S, 2006, Provision of Effective Information, British Dental Journal, 201:100.
411	
412	Brundage, M, D Feldman-Stewart, A Leis, A Bezjak, L Degner, K Velji, et al., 2005,
413	Communicating Quality of Life Information to Cancer Patients: A Study of Six Presentation
414	Formats, Journal of Clinical Oncology, 23:6949-6956.
415	
416	FDA guidance for industry, 2013, Product Name Placement, Size, and Prominence in
417	Advertising and Promotional Labeling (accessible at
418	http://www.fda.gov/downloads/Drugs//Guidances/ucm070076.pdf).
419	
420	Frantz, JP, 1993, Effect of Location and Presentation Format on Attention to and Compliance
421 422	with Product Warnings and Instructions, Journal of Safety Research, 24:131-154.
422	Hyona, J, and RF Lorch, 2004, Effects of Topic Headings on Text Processing: Evidence from
424	Adult Readers' Eye Fixation Patters, Learning and Instruction, 14:131-152.
425	Adult Readers Eye Fixation Fatters, Learning and instruction, 14.151-152.
426	Lavie, N, 2001, Capacity Limits in Selective Attention: Behavioral Evidence and Implications
427	for Neural Activity, J Braun, C Koch, and J Davis, eds. Visual Attention and Cortical Circuits,
428	Cambridge, MA: The MIT Press, 49-68.
429	
430	Loman, NL, and RE Mayer, 1983, Signaling Techniques that Increase the Understandability of
431	Expository Prose, Journal of Educational Psychology, 75:402-412.
432	
433	Lorch, RF, EP Lorch, and WE Inman, 1993, Effects of Signaling Structure on Text Recall,
434	Journal of Educational Psychology, 85:281-290.
435	
436	Meyer, BJF, 2003, Text Coherence and Readability, Topics in Language Disorders, 23:204-224.
437	

Draft — Not for Implementation

438 439 440 441	Miller, GA, 1994, The Magical Number Seven, Plus or Minus Two: Some Limits on Our Capacity for Processing Information, H Gutfreund and G Toulouse, eds. Reprinted in Biology and Computation: A Physicist's Choice, River Edge, NJ: World Scientific Publishing Co., 207-233.
442	
443	Morrow, D, V Leirer, and P Altieri, 1995, List Formats Improve Medication Instructions for
444	Older Adults, Educational Gerontology, 21:151-166.
445	
446	Niemela, M, and P Saariluoma, 2003, Layout Attributes and Recall, Behaviour and Information
447	Technology, 22:353-363.
448	100mology, 22000 0000
449	Riggs, DL, SM Holdsworth, and DR McAvoy, 2004, Direct-to-Consumer Advertising:
450	Developing Evidence-Based Policy to Improve Retention and Comprehension [Supplementary
451	Web Exclusive], Health Affairs, 23:249-252.
452	(veo Exclusive], fieutif / filuits, 23.2 () 232.
453	Schwartz, LM, S Woloshin, and HG Welch, 2009, Communicating Drug Benefits and Harms
454	with a Drug Facts Box: Two Randomized Trials, Annals of Internal Medicine, 150:516-527.
455	with a Drug Facts Dox. Two Randonized Thats, Annals of Internal Wedlenie, 150.510-527.
456	Shapiro, K, ed., 2001, The Limits of Attention: Temporal Constraints in Human Information
457	Processing, London: Oxford University Press.
457	Processing, London. Oxford University Press.
458 459	Sheedy, JE, MV Subbaram, AB Zimmerman, and JR Hayes, 2005, Text Legibility and the Letter
460	Superiority Effect, Human Factors, 47:797-815.
460 461	Superiority Effect, Human Factors, 47.797-815.
461	Spuridakia III and TC Standal 1097 Signals in Expeditory Press, Effects on Peading
462	Spyridakis, JH, and TC Standal, 1987, Signals in Expository Prose: Effects on Reading Comprehension, Reading Research Quarterly, 22:285-298.
463 464	Comprehension, Reading Research Quarterry, 22.283-298.
	Statka II MD Datalli SA Davisatt MW Elsner SM Haldsworth DI Ditta and DD MaAvay
465	Stotka, JL, MD Rotelli, SA Dowsett, MW Elsner, SM Holdsworth, PJ Pitts, and DR McAvoy,
466	2007, A New Model for Communicating Risk Information in Direct-to-Consumer Print
467	Advertisements, Drug Information Journal, 41:111-127.
468	
469	Tantillo, J, J Di Lorenzo-Aiss, and RE Mathisen, 1995, Quantifying Perceived Differences in
470	Type Styles: An Exploratory Study, Psychology and Marketing, 12:447-457.
471	
472	Thumma, C, May 1997, Consumer Engagement with Health Information, Paper Presented at the
473	Meeting of the Marketing and Public Policy Conference, Washington, DC.
474	
475	Wogalter, MS, and WJ Vigilante, 2003, Effects of Label Format on Knowledge Acquisition and
476	Perceived Readability by Younger and Older Adults, Ergonomics, 46:327-344.